

Parents Rave:

“It was a really good first playdate and both boys really enjoyed it!”

“Thank you SO much for the effort you put into matching her with a girl her age, they have so much in common!”

“My son loves having a big buddy- he really likes him!” I think it will be a huge relief for him to know that other kids struggle with the same things he is struggling with.”

“My daughter and her big buddy have grown close and it’s been a wonderful friendship!”

Buddies are matched based on interests, gender, geographic location, and other stated preferences.

Tourette Association of America

NY Hudson Valley Chapter

Mission Statement

To provide service, information and support to people with TS and their families.

To educate medical and educational professionals in order to increase their understanding of TS.

To promote a greater understanding of TS in the community of large.

Serving:

Westchester, Putnam, Orange, and Rockland Counties



www.tourette.org

Buddy Program

Support Mentoring



New York Hudson Valley Chapter
PO Box 517, Ardsley, NY, 10502

(914) 378-5025

www.tsa-nyhv.org

The Buddy Program is a peer-mentoring program that facilitates support, companionship and friendship between kids with Tourette Syndrome (TS). Big Buddies are teens ages 12-18 with TS who serve as role models to 5-11 year olds with TS. Buddies can have play dates, do activities together, help with homework, have a catch, play games, or do anything else they want.



“As a mentor, you serve as a model for someone who needs skill building and encouragement. In the process, you also develop your own skills.”

-Resilience: The Science of Mastering Life's Greatest Challenges



If your child would like to have a Big Buddy or be a Big Buddy contact info@tsa-nyhv.org

Little Buddies:

- Engage in fun activities
- Bond with an older kid who is living with Tourette

Big Buddies:

- Develop leadership and advocacy skills
- Meet kids and other teens with Tourette at chapter events
- See their buddies at least once a month
- May satisfy school required community service hours

Parents:

- Assist with scheduling, transportation, and supervision
- Connect with other families affected by Tourette

